



## JUNIOR DEVELOPMENT PROGRAM

### SPRING SESSION 2019 – 6-WEEK PROGRAM

(MONDAYS – 4-WEEK PROGRAM)

**May 14 – June 21**

**NO CLASSES MEMORIAL DAY, MONDAY, MAY 27<sup>TH</sup> (Monday classes pro-rated)**

**Last day of 2018-19 season is Monday, May 13, 2019**



(Ages 3-12)



Development  
(Ages 12 & Up)

#### **Pee Wee Tennis – 1/2 Hour \$162.00**

*Tennis basics for toddlers; Motor skills development, fun games*

**THURSDAY 3:30-4:00**

#### **Red 36' – 1 Hour \$324.00**

*Balance & coordination, basic stroke development, beginner rallies*

**TUESDAY 4:00-5:00, 5:00-6:00**

**WEDNESDAY 4:00-5:00**

**THURSDAY 4:00-5:00**

#### **Orange 60' – 1 Hour \$324.00**

**\*MONDAYS 4 Weeks \$216.00**

*Serve & return, rally exchange, scoring & point play introduced*

**MONDAY 4:00-5:00**

**TUESDAY 4:00-5:00, 5:00-6:00**

**WEDNESDAY 4:00-5:00, 5:00-6:00**

**THURSDAY 4:00-5:00, 5:00-6:00**

#### **Green 78' – 1 Hour \$324.00**

**\*MONDAYS 4 Weeks \$216.00**

*Tactical play, control & consistency, focus on tournament play*

**MONDAY 3:00-4:00, 4:00-5:00**

**TUESDAY 5:00-6:00**

**WEDNESDAY 5:00-6:00**

**THURSDAY 4:00-5:00, 5:00-6:00**

#### **Green 78'' – 1.5 Hour \$486.00**

**\*MONDAYS 4 Weeks \$324.00**

*For more advanced players who want to compete.*

**MONDAY 4:00-5:30**

**WEDNESDAY 4:00-5:30**

#### **Yellow 78' – 1 Hour \$324.00**

*Stroke fundamentals & technique through fun & challenging drills*

**TUESDAY 5:00-6:00**

**WEDNESDAY 5:00-6:00**

**THURSDAY 5:00-6:00**

#### **Yellow 78' – 1.5 Hours \$486.00**

**\*MONDAYS 4 Weeks \$324.00**

*Refining strokes, shot tolerance, ball control, balance, point play*

**MONDAY 5:00-6:30**

**WEDNESDAY 3:30-5:00**



Competitive  
(Ages 12 & Up)

#### **Varsity – 2.0 Hours \$648.00**

**\*MONDAYS 4 Weeks \$432.00**

*Fitness, intense drills, strategy, developing personal playing style*

**MONDAY 5:00-7:00**

**TUESDAY 4:30-6:30**

**THURSDAY 4:30-6:30**

**FRIDAY 4:00-6:00**

Payments are refundable until April 15<sup>th</sup>, 2019

**Weston Racquet Club Inc., Program Registration Form**

Name \_\_\_\_\_ Birthdate (juniors only) \_\_\_\_\_ E-mail \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

**PAYMENT IS DUE AT TIME OF REGISTRATION – PLEASE SEE THE FRONT DESK**

**Select Program**

**Membership :** Junior < 18 \_\_\_\_\_ Adult \_\_\_\_\_ Senior >65 \_\_\_\_\_ Couple \_\_\_\_\_ Family \_\_\_\_\_

**League Play:** Women's \_\_\_\_\_ Men's \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**Women's / Men's Team Program:** Day \_\_\_\_\_ Time \_\_\_\_\_ **Prime Lesson:** Day \_\_\_\_\_ Time \_\_\_\_\_

**Clinic Lesson:** Day \_\_\_\_\_ Time \_\_\_\_\_ **Package Lesson:** Day \_\_\_\_\_ Time \_\_\_\_\_ **Ladder** \_\_\_\_\_

**Junior Program:** Pee Wee \_\_\_\_\_ Red \_\_\_\_\_ Orange \_\_\_\_\_ Green \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Yellow 1.0 hr \_\_\_\_\_ Yellow 1.5 hr \_\_\_\_\_ Varsity \_\_\_\_\_ Varsity Team \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**USTA Match** \_\_\_\_\_ Adult \_\_\_\_\_ Junior \_\_\_\_\_ **Party** \_\_\_\_\_ **Cardio** \_\_\_\_\_ **Evaluation** \_\_\_\_\_

**USTA Summer** \_\_\_\_\_ Team \_\_\_\_\_ Day \_\_\_\_\_ Level \_\_\_\_\_

**WAIVER**

*I, as the participant and or as the legal guardian of the participant, understand and am aware that any strenuous physical activity involves certain risks; I hereby assume the risk of any and all accidents and injuries of any kind which may be sustained by me or my child by reason or in connection with my or his/her participation in any club program or activity; and I hereby release and discharge Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports, its partners and their shareholders, directors, officers, agents and employees from any and all actions, causes of action, damages, claims or demands which may arise against Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports and other described parties, for all injuries known or unknown which I, or my children have or may incur by participating in these programs, except to the extent such accident or injury is caused by or results from negligence or willful misconduct of Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports and other described parties. Waiver: I, the undersigned have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance.*

**Signature:** \_\_\_\_\_ **Relationship (if signing for minor)** \_\_\_\_\_ **Date:** \_\_\_\_\_

Weston Racquet Club, Inc. 405 Newtown Turnpike, Weston, CT 06883 (203) 226-3349