



2018 SUMMER JUNIOR TENNIS TRAINING

Nine (9) One Week Sessions – June 18 through August 17, 2018

PROGRAM DESCRIPTION

- Dynamic Stretching
- Warm – ups
- Skill Building
- Stroke Production
- Strategy, Tactics
- Coached Match Play

ADDITIONAL INFORMATION

- Classes held Rain or Shine
- Hitting Hot* Tennis Curriculum
- Cross training and Fitness Component
- Flexible Registration Options
- Break Time Snacks Provided

CLASS TRAINING SCHEDULE (ages 3-18)

MORNING (MON – FRI)

Pee Wee (ages 3-4)	9:00 - 10:30AM	10:30AM - Noon
Red, Orange, & Green Ball (ages 5 and up)	9:00AM – Noon	

AFTERNOON (MON - FRI)

Varsity, HP Team & Yellow Ball	1:00 – 4:00PM
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CHOOSE YOUR WEEKS

Week 1: June 18 – June 22	Week 6: July 23 – July 27
Week 2: June 25 – June 29	Week 7: July 30 – Aug 3
Week 3: July 2 – July 6*	Week 8: August 6 – August 10
Week 4: July 09 - July 13	Week 9: August 13 – August 17
Week 5: July 16 – July 20	* <i>Prorated price</i>

SUMMER TENNIS TRAINING FEE

1.5-hour Classes:	Weekly Fee - \$205.00	Daily Fee - \$55.00
3-hour Classes:	Weekly Fee - \$410.00	Daily Fee - \$110.00

Custom classes available upon request – 4 players required

Payments are refundable until May 15, 2018.



Adult and Junior Program Registration Form

Name _____ Birthdate (juniors only) _____ E-mail _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (H) _____ (W) _____ (Cell) _____

PAYMENT IS DUE AT TIME OF REGISTRATION – PLEASE SEE THE FRONT DESK

Select Program

Membership : Junior < 18 _____ Adult _____ Senior >65 _____ Couple _____ Family _____

League Play: Women's _____ Day _____ Time _____

Women's / Men's Team Program: Day _____ Time _____

Seasonal Lesson: Day _____ Time _____ **Clinic Lesson:** Day _____ Time _____

Junior Program: Pee Wee _____ Red _____ Orange _____ Green _____ Day _____ Time _____

Yellow 1.0 hr _____ Yellow 1.5 hr _____ Varsity _____ Varsity Team _____ Day _____ Time _____

USTA Match _____ Adult _____ Junior _____ Party _____ Cardio/ Point _____ Evaluation _____

USTA Summer _____ Team _____ Day _____ Level _____

WAIVER

I, as the participant and or as the legal guardian of the participant, understand and am aware that any strenuous physical activity involves certain risks; I hereby assume the risk of any and all accidents and injuries of any kind which may be sustained by me or my child by reason or in connection with my or his/her participation in any club program or activity; and I hereby release and discharge Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports, its partners and their shareholders, directors, officers, agents and employees from any and all actions, causes of action, damages, claims or demands which may arise against Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports and other described parties, for all injuries known or unknown which I, or my children have or may incur by participating in these programs, except to the extent such accident or injury is caused by or results from negligence or willful misconduct of Weston Racquet Club, Grand Slam Health & Tennis Clubs, Inc., Spectrum Sports and other described parties. Waiver: I, the undersigned have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance.

Signature: _____ **Relationship (if signing for minor)** _____

Date: _____